## REASONS TO BECOME A CNA

<u>Competitive</u>
 <u>wages</u> & <u>benefits</u>,
 new CNAs working
 full-time average
 \$40,000 a year to
 start

► Training is <u>fast &</u> <u>affordable</u>

Make an <u>impact</u>
 on those you serve

 Job security in a growing profession with <u>flexible</u> shifts

► A career you will <u>love</u>!

► A <u>career path</u> to obtaining your nursing or healthcare related degrees

Emotionally <u>rewarding</u> career providing <u>hands-on</u> <u>care</u> I love making connections with the residents and gaining experience in a health care setting! ~ A.M., La Crosse

As a CNA, I love the opportunity to help people, while at the same time gaining experience in healthcare and building connections! ~ C.G., La Crosse

I love being able to care for the residents, and get to know them as well as their stories. Being able to know that the care I provide makes an impact on their daily life is beyond rewarding. ~ J.P., La Crosse

You entrusted me with the role of nurse intern (CNA) and then had the faith to trust me as an RN where I began to understand what it meant to touch another life. The staff I worked with will never know how much life and living they taught me. Thank you! You had a large role into shaping me into the woman I am today and I will be forever grateful! ~ C.S., La Crosse

A high school diploma or GED is NOT required to become a CNA.

# Start Your Career in Health Care - Become a Certified Nursing Assistant (CNA)!







## JOB RESPONSIBILITIES & WORK SETTINGS

<u>Responsibilities</u>

- Assists individuals with:
- ► Dressing
- ► Bathing
- ► Toileting
- ► Eating
- Transferring from bed to chair
- Turning or moving in bed
- Changing linens
- Taking vital signs
- Maintaining individual's independence

#### Work Settings

- Individual's home
- Adult day care settings
- ► Long-term care
- ► Hospital

# HOW TO START YOUR CAREER AS A CNA

- 1. Find a Class That Fits Your Schedule
  - <u>High school programs</u>
    Contact your school's Counselor
    - <u>La Crosse School District</u> <u>Health Science Academy</u>\*

#### ▶ Community programs (all ages)

- <u>Quality CNA Training</u>\*\*
- Western Technical College\*\*\*
- 2. Apply with an Area Employer Many area employers will pay for class and test
- **3. Complete Class, Labs & Clinicals** 75–81 hours
- 4. Pass the State Test

## **ADDITIONAL RESOURCES**

#### **Workforce Connections**

- Connecting people, work and training
- www.workforceconnections.org

#### **WisCaregiver Careers**

- Free CNA training and streamlined path
- https://wiscaregivercna.com
- \*<u>www.lacrosseschools.org/health-</u> <u>science-academy</u>
- \*\*<u>www.qualitycnatraining.com</u>
- \*\*\*<u>www.westerntc.edu/nursing-assistant</u>

# CAREER PATHWAY OPTIONS STARTING AS A CNA

Once a CNA, you will gain skills needed and options to advance your career in healthcare to:

- ► Medication Aide
- ► Nurse Tech
- Licensed Practical Nurse (LPN)
- ▶ Registered Nurse (RN)
- Advanced Practice (APRN)

Several college health professional programs require CNA certification as a pre-requisite and/or require working as a CNA.

Employers may offer:

- ► Tuition reimbursement
- ► Sign-on bonus
- Ongoing professional development opportunities

